

1.10.2018

Annual Report 2017-2018

Trustees : Dr John Mason (Treasurer)

Mr Tim Hunter

Mrs Sue Purseglove

Dr Michael Miller (Chair and temporary Secretary)

The Trustees meet monthly (currently 2nd Wednesday of the month) throughout the year, with the exception of August. Liason with others for advice and help on issues eg. our website or fundraising is done on an ad-hoc basis. Matters concerning financial management, data protection etc are discussed regularly in accordance with guide-lines of the Charity Commission.

Our aim (as set out in our Trust Deed) is to raise money to provide grants to individuals in financial need who wish to access psychotherapy. Grant making is made on the basis of a financial assessment of the applicant. When given, a grant will made up to a maximum of £ 25 (per session of weekly psychotherapy) for up to 12 months.

During this year (1.4.2017 – 31.3.2018) we have awarded grants to eighteen recipients totalling £ 7344 (£6550 completed within the financial year). Seventeen psychotherapists registered with us.

In May 2018 with the assistance of Kate Mason, we sent out 48 letters to various national charitable bodies requesting help with funding. To date we have received £3000 from the Denman Trust and £250 from the John Booth Charitable Foundation.

At the beginning of June 2018, Antoinette Fox resigned from the position of Secretary and as a Trustee. A new Trustee (Marion Zalay) is due to start with us at the beginning of 2019. Throughout the year we have been taking steps to ensure that CPAT complies with all aspects of our Charitable status as outlined by the Charity Commission. In particular are the requirements concerning Data Protection as outlined in the EU GDPR (2016).

During the coming year we will be consolidating our organisational requirements and following up our requests for further funding. Notwithstanding any successes from our initial foray in this direction we will also be exploring more systematically local sources of funding.

Dr Michael Miller