

1.10.2022

Annual Report 2021-2022

Trustees : Dr John Mason (Treasurer)

Ms Fliss Cadbury

Mrs Sue Purseglove

Dr Michael Miller (Chair /Secretary)

The Trustees meet monthly (currently 2nd Wednesday of the month and via Zoom) throughout the year, with the exception of August. Liason with others for advice and help on issues eg. our website or fundraising is done on an ad-hoc basis. Matters concerning financial management, data protection and other policy matters are discussed regularly in accordance with the guide-lines of the Charity Commission.

Our aim (as set out in our Trust Deed) is to raise money to provide grants to individuals in financial need who wish to access psychotherapy. Grant making is made on the basis of a financial assessment of the applicant. When given, a grant will typically be for a maximum of £ 25 (per session of weekly psychotherapy) for a year (usually around 45 weeks to allow for the psychotherapist's leave arrangements). In certain cases this can be extended for a further period upon application.

During this year (1.4.2021 – 31.3.22) we have awarded grants to seventeen recipients , totalling £ 8,898 (*17 refers to the number of recipients whose grant cheques were cashed during the financial year*). Twenty psychotherapists registered with us. We received donations totalling £ 10597.98 including the largest single donation in our history from the Whitten family (£10000).

We continue to collect information from our applicants through our diversity questionnaire . This shows very clearly that we are fulfilling our Charitable aims by assisting those in Cambridge who are most in financial need and from diverse ethnic backgrounds.

The composition and tasks allocated to the Trustees remains the same and we continue to meet via Zoom interspersed with in-person meetings on an ad-hoc basis. There are plans to develop closer links with our Patrons perhaps through extending an invitation to our AGM.

Dr Michael Miller Chair

